



Frank M. Kudlac - Director



3014 South I-35E
Denton, Texas 76210

Participants Name \_\_\_\_\_ Age \_\_\_\_\_ M F Date of Birth \_\_\_\_\_

Participants Name \_\_\_\_\_ Age \_\_\_\_\_ M F Date of Birth \_\_\_\_\_

Home #: \_\_\_\_\_ Cell#: \_\_\_\_\_ Billing/Primary Email: \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Mother's Name \_\_\_\_\_ Hm #: \_\_\_\_\_ Cell #: \_\_\_\_\_ Wk#: \_\_\_\_\_
Address (if different) \_\_\_\_\_ Email: \_\_\_\_\_

Father's Name \_\_\_\_\_ Hm #: \_\_\_\_\_ Cell #: \_\_\_\_\_ Wk#: \_\_\_\_\_
Address (if different) \_\_\_\_\_ Email: \_\_\_\_\_

Responsible Party's Name \_\_\_\_\_ E-mail address \_\_\_\_\_
Drivers License # / State \_\_\_\_\_ Date of Birth \_\_\_\_\_
Address (if different) \_\_\_\_\_ Phone: \_\_\_\_\_

Special Living/Billing Arrangements: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_
(Someone other than parents preferably)

Any unusual medical history and/or allergy to medications: \_\_\_\_\_

Having been informed of the activities to be conducted by the Achievers Gymnastic program, I, as a parent or guardian for the participant, give my approval for the above named student's participation in any and all activities of the program. I assume all risks and hazards incidental to the program, including transportation to and from these activities. I further release, waive, and forever discharge any and all rights and claims against Achievers Gymnastics Center LLC, the Directors, owners, instructors, and employees, holding them harmless from any illness or injury of the participant occurring during the program.

As the parent or guardian of the participant, I have been informed and am fully aware of the dangers and risks of doing gymnastics and/or cheerleading. I understand that it is my option to consult a physician for assurance of proper health and have been encouraged to do so by Achievers Gymnastics, LLC.

I understand I must give a 2-week notice before dropping any classes in order to avoid additional charges.

Signature of Responsible Party \_\_\_\_\_ Date \_\_\_\_\_

A registration fee of \$35.00 (\$62.00 for family, \$100.00 team) must accompany this application form. This is a YEARLY non-refundable fee. Make your check payable to: ACHIEVERS GYMNASTICS CENTER.

How did you hear about us: (please check the appropriate one)
\_\_\_\_\_ Referral (by \_\_\_\_\_) \_\_\_\_\_ Coupon \_\_\_\_\_ Newspaper \_\_\_\_\_ Yellow pages \_\_\_\_\_ Other: \_\_\_\_\_

www.achieversgymnastics.com

Gym Phone
940-484-4900



Gym Fax
940-484-1305

**PARENT/MINOR WAIVER AND RELEASE OF LIABILITY  
ASSUMPTION OF FULL RESPONSIBILITY FOR ALL RISKS OF BODILY INJURY,  
DEATH OR DAMAGES. CONSENT AND INDEMNITY AGREEMENT.  
(Read Carefully Before Signing)**

**IN CONSIDERATION** of being permitted to enroll for gymnastics instruction and participate in the sport of gymnastics at **ACHIEVERS GYMNASTICS CENTER, the PARENT(S) AND/OR LEGAL GUARDIAN(S)** of the minor participant named below **EACH INDIVIDUALLY:**

- **UNDERSTAND** there are certain **RISKS OF BODILY INJURY INCLUDING DEATH** inherent in the practice and play of gymnastics and/or cheerleading, as well as in traveling and other related activities incidental to my child's participation, and I am **WILLING TO ASSUME FULL RESPONSIBILITY FOR THESE RISKS** in behalf of my child.
- Hereby **CERTIFY** that my child is **FULLY CAPABLE OF PARTICIPATING** in gymnastics and that my child is healthy and has no physical or mental disabilities or infirmities that would restrict full participation in these activities, except as listed below.
- Hereby give my **FULL CONSENT AND APPROVAL** for my child to participate in gymnastics and related activities of Achievers Gymnastics Center.
- Hereby waive, release, hold harmless and covenant not to sue Achievers its owners, officers, coaches, sponsors, supervisors and other representatives, (herein referred to as Achievers) for all claims made on account of an injury suffered by my child in the normal course of participation in Gymnastics and/or Cheerleading and related activities of Achievers, whether the result of **NEGLIGENCE OR ANY OTHER CAUSE.**
- Hereby **AGREE TO REIMBURSE** Achievers and their insurance company for **ANY MONEY** which they pay to the participant, if the participant makes a claim against Achievers despite this agreement.

**I HAVE READ THIS** waiver and Release of Liability, Assumption of Risk and Indemnity **AGREEMENT, UNDERSTAND I HAVE GIVEN UP SUBSTANTIAL RIGHTS** by signing it, and have **SIGNED IT FREELY AND VOLUNTARILY** without any inducement.

\_\_\_\_\_  
Name of Participant

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Responsible Party's Signature

\_\_\_\_\_  
Date Signed

\_\_\_\_\_  
Officer's Signature

\_\_\_\_\_  
Date Signed



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Dear Responsible Party:

Thank you for choosing ACHIEVERS GYMNASTICS CENTER. We take pride that we are working to be the best gymnastics program in the Denton County area!

Attached is a copy of our Rules and Policies, along with other information that may be of interest to you. Please read them over thoroughly. A review of these Rules and Policies with an Achievers staff member is a requirement of registration.

If you have further questions, please do not hesitate to call. We are glad you have decided to join us and look forward to having you as a member for a long time.

Sincerely,

Frank M. Kudlac  
And All the ACHIEVERS Staff

Your participant has been assigned to the \_\_\_\_\_ class on  
\_\_\_\_\_ (day) which meets from \_\_\_\_\_ to \_\_\_\_\_.

**PLEASE READ ALL THE INFORMATION INCLUDED IN THIS PACKET.**

**YOU MUST SIGN THE FORM BELOW THAT INDICATES YOU HAVE READ ALL OUR  
RULES AND POLICIES, UNDERSTAND THEM AND AGREE TO THEM**

**PLEASE DETACH AND RETURN TO THE FRONT OFFICE BY THE END OF YOUR FIRST CLASS  
DAY. Thank you.**

I have read the Achievers Rules and Policies. I understand and agree to them.

Responsible Parties Signature \_\_\_\_\_ Date: \_\_\_\_\_

Participant's Name (please print): \_\_\_\_\_

Achievers Officer Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Gym Phone  
940-484-4900



Gym Fax  
940-484-1305

## **WHY ACHIEVERS GYMNASTICS TRAINING CENTER?**

**STAFF:** Our instructors are highly imaginative, well trained individuals actively involved in the growing world of gymnastic and movement education. They each bring valuable knowledge to this program. They each seek updated resources for continual growth. They each strive to work, on an individual basis, with every young person in our program. The ACHIEVERS staff cares about your child physically, intellectually, socially, and emotionally.

**EQUIPMENT:** Some of the equipment in the gym is standard Olympic size of the latest fashion, constructed with peak performance in mind. Some is specialized for pre-school, modeled with a young child's size and ability in mind. Other innovative ideas are used to work on specific muscle groups and skill concepts to bring out the best in a fun way. New ideas are constantly being researched at ACHIEVERS.

**CURRICULUM:** We have an articulate curriculum. It has been well planned considering ages, developmental stages, and gymnastic progression. It is constantly being evaluated and improved. It is fun, developmental, and safe. Every activity we ask the children to do has a purpose.

**PHILOSOPHY:** The underlying philosophy behind our ACHIEVERS program is this: It is our sincere desire to take this facility and all its tangible objects within and the curriculum and all its well thought out stages, and feed them into your child in such a way that he/she develops confidence in him/her and grows to his/her potential. We want to establish an atmosphere that will allow him/her to become aware of his/her capabilities, to develop outwardly, and to grow within. We want to work with your child today, but we want to touch him/her for years to come.

## **ACHIEVERS GYMNASTICS TRAINING CENTER**

### **PROGRESSIVE PROGRAM**

Our motto is, “Teach children that they can ACHIEVE, and it is a lesson they will remember the rest of their lives.” This is also our goal. At ACHIEVERS, our instructors are enthusiastic and want to help each one of our students feel good about themselves and have fun while doing gymnastics.

The children in gymnastics at ACHIEVERS GYMNASTICS CENTER will benefit in many ways. Listed below are some of those ways:

- **COMPETITION:** Our society is based upon competition such that all people are competing to improve or maintain their standings. What better way to learn this important principle than through athletics?
- **RECOGNITION:** Through guidance, students learn to accept recognition in a proper manner. Such positive reinforcement helps to develop a strong self-image.
- **UNDERSTANDING:** Students learn how to share with one another in working together. They learn to accept victory or defeat in a mature manner.
- **PERSERVERANCE:** Here students learn how to deal with frustration, cope with fears, and realize the realities of life, by learning how to meet challenges. Students are better equipped to meet challenges throughout life.
- **DISCIPLINE:** Self-discipline is essential to everyone to succeed in life. Athletics teaches self-discipline.
- **SELF-CONFIDENCE:** Through a programmed series of successful achievements, a student’s motivation and sense of accomplishment are heightened. The result is an increased value of self worth and a positive mental attitude.
- **PHYSICAL WELL-BEING:** The students develop flexibility, coordination, agility, strength, poise and grace. These traits will be noticeable in your child’s body carriage, and will cause your child to be noticed and admired throughout life.
- **THE RELEASE OF PHYSICAL ENERGY:** The need for physical release of energy is important to one’s health. Gymnastics offers a wholesome medium for this purpose.
- **LOYALTY:** Being faithful to a team, group, or cause is an important lesson of athletics. Students will not fail, having learned a lesson of being true to others.

## ACHIEVERS GYMNASTICS TRAINING CENTER RULES AND POLICIES

The Rules and Policies were created to answer basic questions about ACHIEVERS GYMNASTICS CENTER. They are for your benefit and the welfare of our total program. We will be happy to answer any questions you may have:

### *CLASS PROCEDURE*

1. **PLEASE BE ON TIME FOR CLASS!** This is extremely important. We do warm-ups, take roll, cover safety rules, and explain special announcements. Missing out on these things could result in unnecessary injury.
2. **REGULAR ATTENDANCE IS IMPORTANT.** Gymnastics is a progressive sport. Missing classes may cause your child to fall behind the rest of the class.
3. **MAKE-UP SESSIONS** – Students ages 7 and up, will be allowed to make up **ONE** missed class session per session (8 weeks). Make-up is allowed only during open gym, on Fridays from 7:00 to 8:30. Students/parents must call or stop by the front office to sign up for the make-up. **We must have your name on the Open Gym Make-up list by 8:00 p.m. the Thursday before your desired open gym session.** Otherwise, the student will not be allowed in the open gym program unless they pay the \$9.00 open gym fee. There will be no credit given for missed classes. Classes missed due to a holiday can be made up within another class of equal skill level.
4. **STUDENTS ONLY IN GYM** – Only participating students are permitted in the gym area during class time (unless otherwise instructed). Students are not allowed on any of the equipment before or after their class, unless supervised by an instructor.
5. **PARENTAL CONDUCT DURING CLASS SESSIONS** - Parents are asked not to converse with students while in a class situation. Parents may observe their children from the observation deck only. **DO NOT COACH OR TALK TO YOUR CHILD FROM THE OBSERVATION DECK!** Teachers are available to speak with you about your child's progress or any special concerns after each class.
6. **LEAVING THE PROGRAM** – You are required to notify our office in writing two weeks before you decide to leave the program. **Drop forms are available at the front desk. Prior to this notification, you will be billed for all classes held in your name, REGARDLESS of attendance.** Any attendance during a session requires **full payment for the session regardless of attendance. REFUNDS FOR CLASSES NOT ATTENDED WILL NOT BE GIVEN.**

## **REGISTRATION AND PAYMENT PROCEDURE**

- 1. NUMBER OF CLASSES PROVIDED** – Our program operates on a six session per year basis. Each session will include 8 or 16 lessons (depending on the number of times per week you decide to attend). Vacation time (i.e. major holidays and spring break) has been built into each session. Your session payment covers all lessons in that session. **We do not prorate class fees. (EXCEPT UPON INITIAL ENROLLMENT).**
- 2. CHECKS OR CREDIT CARD PAYMENTS, PLEASE** – Please make all financial transactions by check, payable to **ACHIEVERS GYMNASTICS**, or by credit card. We accept MasterCard, Visa and Discover. You may have us debit your credit card automatically before the first of each month if you would like. See the front office for an Automatic Draft Form.
- 3. TUITION DUE DATE** – Tuition is due by the due date on your statement. If you cannot pay during gym hours, or will be out of town during that time, please mail your check or drop it in our mail slot, so that we will receive it by the start of the next session. We do not make exceptions to this due date. Please make arrangements to make your payment before going out of town, etc.
- 4. CLASS PRIORITY AND AUTOMATIC DROPS** – Loss of class priority results if payment is not received by the due date. This means that if someone wants to register for that class, you will be contacted to make payment before the next class meets. If you have not responded to the office, your child will be placed on the waiting list, and will be allowed to re-enter the class when payment has been made and a spot is available or another class time is chosen. When a child does not attend and has not paid as of the second class session, an automatic drop occurs. **YOU ARE STILL RESPONSIBLE FOR THE FULL MONTH TUITION.** To avoid this situation, please fill out a class drop form and present it to our office **two weeks** before your child stops attending. **Refunds for classes not attended will not be given.**
- 5. LATE FEES** – A late fee of \$13.00 is assessed if tuition is not paid as described above. Late fees will be billed if not included with your payment.
- 6. YEARLY REGISTRATION** – A yearly registration fee is due upon enrollment. It is an annual fee (\$35.00 for a single student and \$62.00 for an entire family). It is payable when you enroll and each 12 months thereafter. This is an administrative fee, which helps cover the cost of registering and maintaining your family in our records.
- 7. RISK FREE TRIALS** – We offer a risk free (trial) class with your first visit to Achievers Gymnastics. After you choose your class and pay the monthly/session tuition, no refunds are offered. In case of an injury or conflict, we will be happy to credit your tuition to the next month/session.
- 8. SPLIT-PAYMENT OPTION** – This payment option is only available at the beginning of each session. You may divide your payment into two equal parts, however a \$13.00 fee will be added to each split payment.
- 9. FAMILY DISCOUNT** – Families who have more than one student enrolled receive a discount on classes. The student with the highest tuition is billed at the full price. All other **immediate family members** receive a \$5.00 discount on their monthly class tuition.
- 10. PARENTAL RESPONSIBILITY FOR PAYMENT** - Although Achievers would like to work with our clients when special circumstances arise, we cannot accept partial payments from two sets of parents for the same child/children in the family. The parent who registers a child or children is the responsible party for all payments.

**11. REGISTRATION CARD** – Once you have read this entire membership packet, please sign your attached registration card, date it, and return it to our front office.

**12. REFUNDS-** After you choose your class and pay the monthly /session tuition, no refunds are offered. In case of an injury or conflict, we will be happy to credit your tuition to the next month/session.

**13. RETURNED CHECKS** – In the case a personal check is returned to Achievers, payment plus the returned check fee of \$30.00 must be made for the student to continue. In addition, all future payments to the gym must be made by credit card, cash, money order, or bank check.

### ***SAFETY STATEMENT***

We at ACHIEVERS are proud of our professional staff, most of who have been certified and continue to update their professional growth and safety training. This is important for gymnastics as well as in other sports that involve activity in which there is a possibility of injury. An injury may be anything from a bruise, sprain or broken bone to a permanent disability (possibly paralysis) or even death. We take special steps to assure reasonable safety. This does not assure that the children will never be injured.

### ***WEATHER CANCELLATIONS***

1. Listen to KDNT Radio (1440 AM), WBAP (820 AM), KRLD (1080 AM), or KVIL (1150 AM, 103.7 FM) in the morning for specific school closings. If the Denton School District is closed for the day, we will not have classes.
2. Call our office for a recorded closing message.
3. We will attempt to contact all students.
4. We will reschedule all cancelled classes.

### ***CLOTHING REQUIREMENTS***

1. **REGULAR CLASS ATTIRE** – Progressive Level Girls are required to wear a leotard. The boys are required to wear loose fitting shorts with no buttons, buckles or zippers. Boys should wear a T-shirt.
2. **PRE-SCHOOL ATTIRE** – We highly recommend a leotard for girls and boxer shorts for boys. All pre-schoolers may wear an Achievers T-shirt along with shorts.
3. **NO JEWELRY PLEASE** – Earrings, necklaces, bracelets and other jewelry are not allowed in the gym. They can be dangerous to students and instructors, and damaging to the equipment. We are not responsible for jewelry or other items left in the gym. Please leave them at home.
4. **OTHER INFORMATION** – Students work barefooted. Hair that obstructs vision must be tied back. This is for the safety of the student.

### ***GENERAL INFORMATION***

1. **BULLETIN BOARDS** – Gym closings and special announcements will be placed on the parent’s bulletin board downstairs, and the small bulletin board at the top of the stairs. Parents are responsible for checking the bulletin boards weekly.
2. **LOST AND FOUND** – Please ask the office staff where the Lost and Found box is kept in the gym. It is emptied the first of every month and sent to a charitable organization. Please check it often.
3. **NO FOOD, DRINKS OR GUM IS PERMITTED IN THE GYM WORKOUT AREA!** Water in closed containers only may be carried into the gym.
4. **EQUAL TREATMENT OF CUSTOMERS** – It is the policy of ACHIEVERS GYMNASTICS CENTER to provide instruction, services, merchandise and products to our customers on an equal opportunity basis, without regard to race, color, religion, sex, marital status, handicap, national origin or age.
5. **QUESTIONS?** – If you have questions, please do not hesitate to ask. Our office staff and instructors want the best for your child, and are happy to answer your questions and/or concerns.

### ***TEAM INFORMATION***

If your child has enrolled in Pre-Team or Team, please ask the front desk or program for information regarding policies and procedures that are specific to that program.